



What One Person Can Do To Prevent Child Abuse

First, ask yourself how you are doing as a parent. *Hug your child every day.*

Arrange to have a speaker on child abuse come to your PTA or adult Sunday school class.

Call your local department of social services and ask for the current child abuse statistics. Share that information with your general assembly representative and/or local council member.

Learn to recognize the signs of child maltreatment and know your local child-abuse hot lines.

Reach out to neighbors or relatives with children. Offer to baby-sit or invite them over for coffee.

Volunteer time in a child crisis emergency shelter, parenting support program, drug abuse

prevention/treatment program, or shelter for the homeless.

Talk to your employer about sponsoring a parenting workshop for employees during lunch time.

Consider joining a child abuse prevention organization in your community.

April is Child Abuse Prevention Month: Join concerned citizens by displaying a blue ribbon on your lapel, front door, or car antenna.

Post this list on your refrigerator, and share it with five friends.

Adapted from the Virginia Coalition
for Child Abuse Prevention



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