



# Bicycle Safety Rules of the Road

## RIDE RIGHT!

1. Ride on the right with the flow of traffic.
2. Ride single file.
3. Stop at stop signs and traffic lights.
4. Signal by hand for turns:
  - Left arm held straight out to the side and bent up at elbow for right turn.
  - Left arm held straight out at shoulder level for left turn.
  - Left arm held straight down and slightly away from your body for stop.
5. Give the right of way to pedestrians.
6. Give a clear warning (bell, horn, or voice) when needed for safety.

7. Carry no passengers (except on approved baby seat).
8. Check your brakes often.
9. Equip your bike with front and rear reflectors, pedal reflectors, and reflective material on both sides.
10. Do not adjust handlebars above your shoulders or alter the front fork of bike.
11. Do not ride on express or limited-access highways.
12. You may ride on the sidewalk outside of business districts unless the city or town prohibits it.
13. Equip bike with white light in front, red light on rear.
14. PLEASE! Wear a helmet while cycling to prevent head injuries.

